

## Program of the I-Care meeting in Belgium, May 19 – May 23

General topics of the meeting in Belgium:

- Activating seniors in the villages through (member based) organisations
- The link between local food production and local services
- Care for the elderly in a rural context
- Participation of older people who live in poverty

List of participants

ES	Josep Puit Rull, Joaquim Serra, Alicja Gorny, Marta Erola
DK	Jens Lykke, Jens Cæsar Jensen, Alice Johanne Jensen, Per Edgar Jorgensen
HU	Tunde Toth, Janos Szigeti Toth and Katalin Varga
DU	Gerda Steffens, Heinz-Jürgen Ahlers
NE	Janneke Verdijk, Frans Vader, Jantsje van der Spoel, Willem Tanis
BE	Koen Van den Broeck – Tel. 0032 476 40 51 82 (and others)

### Program Monday, May 19, 2014

- Short walk through Aarschot
- Joint dinner at the Hotel 's Hertogenmolens

### Program Tuesday, May 20, 2014

#### Alternative 1

07.00 – 08.30 am	Breakfast at Hotel 's Hertogenmolens, Demerstraat 1A, 3200 Aarschot
08.30 – 10.00 am	<u>Working session 1</u> at the Hotel 's Hertogenmolens  <b>Exchange on the following questions:</b> <ul style="list-style-type: none"><li>- <b>Who has a range of senior activities in the villages? (associations, government ...)</b></li><li>- <b>What does it offer?</b></li><li>- <b>Is this offer open to all seniors in the village?</b></li><li>- <b>Are both young and older seniors participating in the offer?</b></li></ul>
10.00 – 11.00 am	Intermission and relocation to Kampenhout-Relst school garden, Schransstraat 16, 1910 Kampenhout (28 km from Leuven - 25 minutes)
11.00 – 12.30 pm	Guided tour in the school garden, by the responsible volunteers of Landelijke Gilden Relst. Information on different variants of school and community gardening by Marleen Van der Velden (member of staff, Landelijke Gilden)
12.30 – 13.30 pm	Picnic near the school garden

13.30 – 14.00 pm	Relocation to residential care center Molenstee, Gemeenteplein 1, 1910 Kampenhout (4 km – 7 minutes)
14.00 – 15.00 pm	<p>Welcome by Mayor Kris Leaerts, Marc Dierick (managing director of the care center) and volunteers residential care center.</p> <p>Presentation of the service offerings of the Residential Care center to residents and locals. Presentation of the work of the volunteers.</p>
15.00 – 15.15 pm	Relocation to meeting accommodation Villa Lucie, Gemeenteplein, 1910 Kampenhout (on foot)
15.15 – 16.45 pm	<p><u>Working session 2</u> at Villa Lucie</p> <p>Brief presentation of some specific rural initiatives that concern the topic care:</p> <ul style="list-style-type: none"> <li>- the 'care neighbors' project of the Rural Homecare association (Landelijke Thuiszorg),</li> <li>- the importance of 'carers' in the rural areas and how to support them,</li> <li>- the role of 'care farmers and hostfamilies' in accommodating persons with young dementia.</li> </ul> <p>By Hilde Weckhuysen, coordinator of Our Care network association.</p> <p><b>Exchanges by the GRUNDTVIG-partners: Are there initiatives to support older people to remain longer at home?</b></p>
16.45 – 17.00 pm	Intermission
17.00 – 18.00 pm	Visit to farm and local brewery: Hof Ten Dormael, Caubergstraat 2, 3510 Tildonk (10 km – 15 minutes)
18.00 – 18.30 pm	Relocation to Leuven, Parking Boerenbond, Diestsevest 40, 3000 Leuven (16 km – 27 minutes)
18.30 – 19.30 pm	Introducing to Leuven from Karel Lhermitte, employee research department Boerenbond (the Farmers Federation) and Landelijke Gilden.
19.30 – 22.00 pm	Supper at Leuven and return to Aarschot (20 miles - 20 minutes)

<b>Program Wednesday, May 21, 2014</b>
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Alternative 1

07.00 – 08.15 am	Breakfast at Hotel 's Hertogenmolens, Demerstraat 1A, 3200 Aarschot
08.15 – 08.45 am	Relocation to association De Vlaspit, Basilieklaan 53, 3270 Scherpenheuvel (11 km – 21 minutes)
08.45 – 11.00 am	<p>Introduction to the operation of the association 'De Vlaspit', by Monique Dobbeleer (director).</p> <p>Local dialogue on poverty, with attention to the specific situation of the elderly in poverty. Introduction by Jozefien Godemont (Welzijnsschakels – Association of</p>

people who live in poverty and supporters) and/or Sylvie Vanderhoydonck (Welzijnszorg - The Flamish Welfare association).

### Work session 3

#### **Exchange by the GRUNDTVIG-partners:**

- **What efforts are being made to keep initiatives for the elderly accessible?**
- **Is the proposed methodology useful for other vulnerable groups of villagers (older seniors, people with disabilities, ...)?**

11.10 – 12.00 am	Guided tour at 'De Vlaspit' and the little town of Scherpenheuvel, by a senior volunteer
12.00 – 13.15 pm	Lunch at the 'Heerlijkheid', Albertusplein 19, 3270 Scherpenheuvel
13.15 – 14.00 pm	Relocation to city hall Tienen, Grote markt 17, 3300 Tienen (27 km – 30 minutes)
14.00 – 15.00 pm	Welcome by Wim Berge, member of the board of the city council (responsibilities: culture, youth, tourism, child care etc.)  Participation in the community Tienen: presentation of the operation of the municipal councils for culture and seniors.
15.00 – 15.15 pm	Relocation to farm in de Zon, Aarschotsesteenweg 737, 3300 Vissenaken (5,5 km – 15 minutes)
15.15 – 16.30 pm	Farm Visit with attention for farm shop selling local farm products.
16.30 – 16.45 pm	Relocation to 3300 Vissenaken (2 km – 5 minutes)
16.45 – 17.30 pm	Walk through Vissenaken with focus on: the project 'Vissenaken alive', active association life (including village association for seniors), ...
17.30 – 18.30 pm	<b><u>Work session 4: Exchange around lessons learned visiting Belgium</u></b>
18.30 – 22.00 pm	Supper at Vissenaken and return to Aarschot (21 kilometer – 30 minutes)

### **Program Thursday, May 22, 2014**

07.00 – 08.30 am	Breakfast at Hotel 's Hertogenmolens, Demerstraat 1A, 3200 Aarschot
-	Workday for the coordinators: final report formatting.
-	Tourist exploration of Brussels for the others.
-	Joint dinner at the Hotel 's Hertogenmolens Aarschot.

### **Program Friday, May 23, 2014**

07.00 – 08.30 am	Breakfast at Hotel 's Hertogenmolens, Demerstraat 1A, 3200 Aarschot
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