



Local/regional activities for seniors (+60) in Flanders



Landelijke Gilden
samen beleef je meer

Organiser?

- (Sociocultural) associations
mostly for their members
- Government
for everybody

Associations

Local +60-volunteers +

National/Provincial professional support:

- **Meeting** eachother (festivity, cycling, playing cards,...)
- **Cultural** activities (travelling, speakers,...)
- **Formation/Education**
- **Activism** (wellbeing, mobility, poverty...)



Examples of Associations

- OKRA (+200 000 members), only for 55+
- Neos: retired entrepreneurs



Examples of Associations

- Landelijke Gilden: 40% of the members is +60.
 - Participation in general activities (intergenerational)
 - Regional +60-activities organised by regional councils with +60-volunteers.



Government

Local servicecentre. Professionals coordinating. Volunteers helping.

- Information
- Recreation
- Education
- Support in daily activities (caretaking, personal hygiene,...)



Local Servicecentre

- Goal:
 - helping people (mainly elderly people) living in their own home as long as possible (self-sustainability)
 - strenghten their social network



ANY QUESTIONS?

