

Draft of questions for organisations organising activities in Hijken & Hooghalen OOD

First talk a bit about the project in Middle Drenthe, research, results in village. Then talk about principals of the lifecycle approach. And about needs and problem areas according to the elderly themselves (please note on paper and attach it!).

1. What activities does your organisation offer?
2. What is your target group?
3. Are there many older people among your members?
4. Are they active or supportive members?
5. What are your experiences with the needs and wishes of older members?
6. Do you already organise specific activities for them?
7. Is it important for you that they continue to participate?
8. Do you notice a difference in the needs of the 'early-age' elderly and those of more advanced years?
9. Do you respond to this?
10. Do you have ideas and suggestions for new activities for the elderly?
11. Should/must that be in co-operation with others?
12. Would you be prepared to/in a position to maintain contact with older people who stop temporarily due to a period of informal care?
13. Would you be prepared to/in a position to re-establish contact with older people who decide to stop or do not return after a period of care?
14. Having them organise a collection turned out to be a good way of making new elderly members feel at home. How would you feel about finding new ways to allow newcomers to integrate quickly and become active members?
15. Many single men are not inclined to attend an activity. They also find it a challenge to think of something which would be enjoyable for them. What is your view on this? Do you have ideas/suggestions?
16. Older people in Hooghalen do not generally participate in much sport. Fitness for the elderly has been scrapped. Should research be done into what form of physical activity the village residents would enjoy? If so, who should do this research? Or do you have suggestions for activities which have proved popular?
17. Some older people find just eating together very dull. Ideas?

The same for lobby groups:

1. What are the positive aspects of the village for the elderly ?
2. What negatives can you identify? What are the problems facing the elderly?
3. What approach would be feasible to solve those problem?
4. How could you contribute to this?
5. What forms of co-operation do you envisage?
6. What role can the elderly themselves play in this?
7. Older people not originally from the village who live in a large farmhouse on a large plot of land often want to move to a smaller residence but want to have some influence on the location, type of house etc. They have the means to build their own house but contact with others is an important issue for them too: a small-scale complex of spacious housing for elderly home-owners with a manageable garden and enough privacy, within walking distance of local

amenities? Converting a large farmhouse like that into a number of apartments? For the elderly, or a mixed group of residents, or Group accommodation with care facilities? How do you view this? Would you be willing/able to play a role in this .?

8. Some older people have complained about the council's negative attitude to extensions to homes consisting of a bedroom or bay window; alterations which can make a home fit for purpose in the future for the elderly. Do you recognise this complaint and, if so, what can be done about it?
9. Elderly people who come from a farm get/got immense enjoyment from caring for their animals. Is there a way in which they could continue to do this, even after they have become dependent on care?
10. There are a number of complaints about existing housing for the elderly: thresholds at the front and back of the accommodation are too high; pantries; lack of shed space for bicycle and garden furniture; no lighting along back entrance paths; no view of back elevation; roadside at the front of the building not properly maintained by the council. Is action needed on these points and, if so, by whom and how?
11. For older people with mobility issues and wheelchair users, the road surface on the Laagherweg is not user-friendly (convex surface) and the lack of footpaths along these sorts of roads is an issue. Should action be taken on this?

The same for local associations / local contact people:

1. Do you organise activities in your street / neighbourhood? If so, what are they?
2. What kinds of people usually attend? Are the activities attractive for older people?
3. In your experience, which activities are attractive for 'your' older people?
4. Are you prepared to organise special activities for older people?
5. Are older people active on the committee/in the organisation of activities? Do they stop at a certain point? What do you think of this?
6. Is there a neighbourly / neighbourhood feeling in your neighbourhood? Are the elderly active in this?
7. Do people look out for / look after older residents in your street/neighbourhood? If not, would it be worth developing something for that (e.g. telephone circle)? Is there care available for them?
8. What do you think of the community life for the elderly in your street / neighbourhood?
9. Is help available with
 - illness
 - hospital visits
 - shopping
 - odd jobs in the garden
 - odd jobs in the home ?
10. The church has a 'mutual assistance' system. Would something similar also be useful in the neighbourhood/community? The system involves people making a list once every couple of years of things people can do for others, help they can offer others. This can be anything from driving someone to the doctor to sending a card to someone who is ill, to babysitting or doing someone's shopping for them.