

## Programme Learning Partnership 'i-care' March 12 - 15<sup>th</sup> 2013 The Netherlands

### Content of the meeting

How to realise inclusive village visions?  
How to empower older people to become active in village planning?  
How to start the process?

### Travel

Nearest train station: village of 'Beilen'. We will provide transport to Witteveen by car (20 minutes).

### Accommodation

Hotel: 'Het Witte Veen'.

Address:

K. Brokweg 16  
9439 TC Witteveen  
The Netherlands

<http://www.hotelwitteveen.eu/>

### Important addresses (for car navigation).

#### *Wednesday march 13<sup>th</sup>*

Village hall 'De Tille' in the village of Witteveen  
Mej. A. Talmaweg 2  
9439 PE Witteveen

#### *Thursday march 14<sup>th</sup>*

Village hall 'De Weidehoek' in the village of Wijster  
Meester Haddersstraat 31  
9418 PB Wijster

Old Mill of Makkum (in between the villages of Wijster and Beilen)

Makkum 40  
9411 TK Beilen

Village hall 'De Heugte in the village of Nieuw-Balinge

Lijsterstraat 1  
7938 PK Nieuw-Balinge

Telephone number Janneke Verdijk: 0031-618347821



March 12- 15th 2013  
The Netherlands

**TUESDAY MARCH 12th**

12:00 - 18:00	Arrival in the village of Witteveen	
18:30	Drankje	
19:00 - 20:00	Dinner at the hotel 'Het Witte Veen'	Emko Dolfing, County Council of Midden-Drenthe Wolter Muggen, Village Association of Midden-Drenthe
19:30	Evening at 'Het Witte Veen'; welcome & get to know each other <ul style="list-style-type: none"> <li>• Excursion information</li> <li>• Explanation of the programme</li> </ul>	

**WEDNESDAY MARCH 13th**

8:00 - 9:00	Breakfast	
9:00 - 10:00	Project meeting coordinators only <ul style="list-style-type: none"> <li>- Presentation of partner organisations with accent on NL partner</li> <li>- Report meeting Solsona including homework: NL: proposal structure evaluation, questionnaire, structure report and form good practices DE, NL, DK: proposal leaflet DK, ES: webpage ES: logo All: send expectations for 2<sup>nd</sup> meeting, fill in form good practices, inform second circle</li> </ul>	
10:00	Please assemble on the parking lot in front of the hotel	Tineke, Janny, Reina, Aleid, Harry
10:00 - 11:00	Introduction and walk to the village Hall of Witteveen <ul style="list-style-type: none"> <li>- Henk and Engbert from Witteveen take you on a guided tour through the village of Witteveen.</li> </ul>	Tineke, Janny, Reina, Aleid, Harry
11:00- 12:00	Village Hall 'De Tille' Witteveen <ul style="list-style-type: none"> <li>- Introduction on the project 'Active Ageing' (OOD) Janneke</li> <li>- Introduction about 'New Grey' Active Ageing Witteveen Marjolein, Liesbeth and Sipke</li> </ul>	Tineke, Janny, Reina, Roelie, Aleid (tot 12:00), Harry
12:00 - 13:30	Lunch and interactive programme with the villagers about active ageing 13:30 Hobby-club & Koersbal (ball game)	Tineke, Janny, Reina, Roelie, Harry
13:30- 14:00	Back to the hotel	

14:00- 16:00	<p><b>Project meeting 1</b></p> <p>Danish and Dutch questionnaires: Presentatie Jurgen Danish questionnaires</p> <p>14:00 Danish methods and questionnaire by Jorgen 14:30 Dutch methods and questionnaire by Janneke 15:00 - 16:00 SWOT analysis of the different cases and with input from Denmark. Strengths Weaknesses Opportunities and Threats for active ageing in the rural area and summary of the solutions seen in Drenthe.</p> <p>Discussion: empowering seniors in village engagement - possibilities and solutions.</p> <p>group or sub group discussion/first conclusions about how to realise inclusive village visions, how to empower older people to become active in village planning and how the start the process</p>	
16:00 - 16:30	Travel from Witteveen to the capital city of the province of Drenthe: Assen	
16:30 - 18:00	Spare Time in Assen	
18:00 - 20:00	Dinner in Assen	
20:30	Arrival back in the hotel	

THURSDAY MARCH 14th

8:00 - 8:45	Breakfast	
8:45	Please assemble on the parking lot in front of the hotel	
8:45 - 9:00	Travel from Witteveen to Wijster 60+ Gezond en Wel	
9:00 - 11:00	<p>Village Hall 'De Weidehoek' Wijster</p> <p>9:00: Welcome and motivation of the people of Wijster to start this project (Henk)</p> <p>Introduction of the project "60+ Gezond en wel" / "60+ Health and Wellbeing" in Wijster</p> <p>10:00: Possibility of conversation with various participants of this project.</p> <p>11:00</p> <p>Visit to the old windmill of Makkum</p> <p>Group 1:</p> <p>11:00 vertrek Molen</p> <p>11:15 - 11:45 molen</p> <p>11:45 vertrek naar Nieuw-Balinge mogelijkheid rondkijken in gebied</p> <p><b>11:45 uur Kodac moment! With Anneke Bloema. Group picture with everybody at the mill.</b></p> <p>Group 2:</p> <p>11:00 - 11:30 Rondkijken in Wijster of in dorps huis</p> <p>11:30 vertrek molen</p> <p>11:45 - 12:15 molen</p> <p>12:15 vertrek naar Nieuw-Balinge</p>	<p>Wolter, Erik, Marjon</p>
12:30 - 13:30	<p>Lunch</p> <p>Men's cooking club Nieuw-Balinge</p>	<p>Josien</p> <p>4 NB, Wolter, Reina</p>
13:30- 14:00	<p>Village Hall 'De Heugte' Nieuw-Balinge</p> <p>Visit of the 'Garden for physical exercise' and village hall of Nieuw-Balinge with the 'meeting point for 60+'.</p> <p>Main focus on how Nieuw-Balinge is able to include everybody (from 0 till 100 years old) in village development.</p> <p>Village vision Nieuw-Balinge: film about the village and their goals for the future - 20 minutes.</p>	<p>Josien, Wolter, Reina, Aleid</p>

14:00 - 16:00	<b>Projectmeeting 2</b> Continuation of the discussion.	
16:00 - 16:15	Travel from Nieuw-Balinge to Witteveen	
16:30 - 17:30	Project meeting coordinators only Preparations for Denmark 18th-21st of june. How to stimulate intergenerational debate and practice in small villages? How to acquire intergenerational competences?	
18:00 - 20:00	Dinner at the hotel 'Het Witte Veen'	
20:00	Last evening celebration met The Freetime Dixielanders	

**FRIDAY MARCH 15th**

8:00 - 9:00	Breakfast	
	Departure	